

## Day 10 – Groanings of the Spirit

**Scripture:** Romans 8 : 2 7

"He who searches the hearts knows the mind of the Spirit."

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### **Meditation**

There are times when words fail — but deep spiritual groaning brings birth to divine results.

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### **Reflection**

When you don't know what to say, stay in prayer; the Spirit is speaking through you.

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### **Confession**

The Spirit intercedes through me. I birth God's plans in prayer.